

A guide to the latest
version of the

Personal Child Health Record

April 2015

My personal child
health record



How to use the Personal Child Health Record

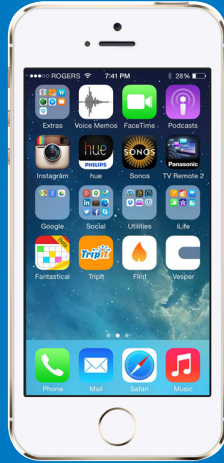
This section has been amended to emphasise that parents can and should write in the record.

The Healthy Child Programme

This has been updated.

All references to 'Birth to Five' have now been removed and replaced with information indicating the relevant areas of 'NHS choices'.

QR codes have been added where appropriate.



Scan
QR Codes
with a
Smartphone

Birth Details and Newborn Examination (pages 3-3b)

These pages have been amended to remove 'SPOTRN' and now include a new recording system for screening components. This was updated following consultation with the Newborn and Infant Examination Programme (NIPE). Please note, that there are now three pages available to record this examination.

Important Health Problems (page 4)

A free text area has been added to record details of accidents or injuries requiring medical attention as well as signposts to information on prevention of accidents.

'Start4Life' Information Service for Parents (page 6)

This section has been updated to reflect the new name and logo with both a hyperlink and QR code included. These modifications have been applied following consultation with the Department of Health's 'Start4Life' team.

NHS Choices and NHS 111 (page 7)

An updated QR code has been added to this section.

